



Are you ready for the **TRIP OF A LIFETIME?**
Join AAH's Teen Service Trip this Summer!

VOLUNTEER IN UGANDA



Want to make a difference and go on an EPIC adventure?

Each year, AAH offers a chaperoned Teen Service Trip to Uganda to give students the opportunity to visit our program and volunteer at Arlington Junior School, Matuwa Junior & Primary schools, and at the Beatrice Tierney Health Clinics. The trip is **for teens (ages 15 - 18)** and limited to only 12 teens total. Travelling with AAH to Uganda as part of our trips is an opportunity to **travel and stay in Africa** at a relatively low cost and to **contribute to a meaningful program**.

HIGHLIGHTS: Volunteer with students, work in **health clinics**, go on **safari**, visit the source of the **Nile River**, go on **hikes** and visit **waterfalls**, enjoy **traditional meals** & more!

Dates: July 17 - August 5, 2020

Who: You & 11 other like-minded teenagers (& some great chaperones)

Where: Uganda



A tiger spotted on safari in Murchison Falls National Park

Have you ever dreamed of seeing elephants in the wild?
Pictured yourself volunteering at a health clinic abroad?
Wished to support and inspire young students?

Can you imagine yourself doing all of that and more in Africa?



Murchison Falls

Service Opportunities will include:

- Volunteering at Arlington Junior, Matuwa Primary, and Matuwa Junior Schools
- Mentoring students through games, activities and meaningful conversations
- Kicking off the annual Reading Challenge at Arlington Junior School
- Volunteering with patients at both of our Beatrice Tierney Health Clinics
- Visiting Bumwalye to witness the impressive local student debate competition
- Experiencing a traditional meal at the home of a student
- Incredible hiking trips, including Namisindwa Hill, Buraba Falls and Larso Falls
- Visiting the source of the famous Nile River in Jinja town
- Going on Safari in the beautiful Murchison Falls National Park

INFORMATIONAL MEETINGS:

What: **Learn more about the service trip**

When: **Sunday, December 8 at 4:00 pm and/or
Sunday, January 19 at 4:00 pm**

Where: **The home of AAH founders John and Joyce Wanda**

(please RSVP to receive address: joyce.wanda@gmail.com)



Patients waiting to be seen outside of Beatrice Tierney Health Clinic

Learn more by emailing: joyce.wanda@gmail.com and bethany@aahuganda.org
Visit: <https://aahuganda.org/getinvolved/trips/> for costs and more information