

## August 2020 Update

### An Update on Uganda



AAH Board President, Dick Burk, has provided another update on the current state of Uganda and our AAH community, including the an update on re-opening schools. [You can read it here.](#) We will continue to provide updates as they become available.

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## Support Our Emergency Fund

Based on the immediate need to help students and their families in rural Uganda we have a goal of raising \$40,000 to provide direct support where it is needed most.

If you can help us reach our urgent goal, here are just some of the items that your Emergency Fund contribution will support:

- \$200 will provide radios to improve student instruction
- \$800 will provide disinfectants, sanitizers and hand washing stations to prevent the spread of disease
- \$1,200 will provide a pair of disposable masks for 1,000 people
- \$3,000 will help provide food for the most vulnerable members of our community

Your generous gift will also help provide tents and desks that will enable our schools to resume instruction with social distancing measures in place, will provide bicycles

and motorcycles for the school to improve transportation limitations, and will allow the schools to improve their IT resources that will enhance our ability to educate our students.

[Read Phoebe Lubango's \(Director of Education Services at AAH Uganda\) report on how AAH has been helping distribute food and essential supplies to help provide relief to the community.](#)

We are determined to emerge from this crisis stronger, more effective, and resilient. But we can't do it alone.

[DONATE NOW](#)

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## Student Essays from Uganda

Our students continue to work diligently on their lessons at home, which has included practicing writing skills. We are delighted to share with you some of the essays they have written. Please note that student work is presented in its original content.

["My Story About Corona Virus"](#)

by Namatovu Caitlyn, Grade 2

["My Story About Covid19"](#)

by Emma Magongo, Grade 7

["Essay"](#)

by Jeffrey Brandon Mubiru, Grade 3

We will be sharing more, so stay tuned to our Blog as they are posted!

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## Resources for Families

During this time, AAH would like to provide information on how our community can support one another. We hope these resources help make this journey through the pandemic a little easier.

### **The Unexpected Gifts of the Pandemic**

One reflection on how the pandemic has created opportunity to connect with the people on a level they had never had the time or space to explore before.



[Read the Blog](#)

**Creative Tips to Help You Combat Stress and Avoid Parental Burnout**

## This Summer

Advice for navigating working parenthood and avoiding burnout this summer.

[Read the Blog](#)



## The Next Normal and Workplace Changes

Hopes and predictions of what will change about workplace culture in our next normal.

[Read the Blog](#)



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## Donate to AAH through Amazon Smile

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On your first visit to smile.amazon.com, you will need to select AAH to receive donations from eligible purchases before you begin shopping. Amazon will remember your selection, and then every eligible purchase you make at smile.amazon.com will result in a donation.

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