



June 2020 Update

Celebrating Nurses

We celebrated Nurses Week May 6th-12th, and this year's theme for Nurses Week is Compassion, Expertise, and Trust. In our current global situation, this theme truly highlights the meaningful work nurses are engaged in.

The Arlington Academy of Hope, through the generous donations of Beatrice Tierney, established two clinics to serve the local community. The first was opened in July 2006 on the grounds of the Arlington Junior School in Bumwalukani, in Bududa District, in partnership with The Foundation for International Medical Relief. The second was opened in February 2008 in Buputo, in Matuwa District.

However, AAH did not have any local nurses or medical personnel to run the clinics, which required recruiting new nurses from outside the area to help run the clinics. This provided another opportunity for AAH to make an impact. To help support the community, AAH established a scholarship program to identify students in the local community to receive funding for training. **Today, AAH has graduated 41 nurses who are working in different clinics and hospitals all over Uganda and has 6 students training as doctors at different Universities in Uganda.**

To date, our clinics serve nearly 25,000 people annually, providing childhood immunizations, malaria treatment, HIV counseling, pneumonia treatment, skin care treatment, antenatal care, midwife services, and more.

We would like to recognize many of our AAH graduates who are now on the ground serving their community at our clinics. [Click here to read our full blog post and meet our graduates!](#)

An Update on Uganda



AAH Board President, Dick Burk, has provided another update on the current state of Uganda and our AAH community. [You can read it here.](#) We will continue to provide updates as they become available.

Resources for Families

During this time, AAH would like to provide information on how our community can help one another. We hope these resources help make this journey through the pandemic a little easier.

Building Daily and Weekly Routines in a Time of Uncertainty

We have shared a post from Healthline Magazine that describes how to help keep a sense of normalcy during the pandemic.



[Read the Blog](#)

Setting Intentions

We have shared a post from Thrive Global that speaks to the power of how setting intentions and following through on them can offer relief from anxiety — and lead to healthy new habits.



[Read the Blog](#)

Mentoring Matters During a Pandemic

We have shared a post from The Leadership Effect that encourages seeking out mentorship. While a mentor may not have all the answers, they can certainly help discuss frustrations and fears.

[Read the Blog](#)



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